



Purpose → Mission Decision Matrix

Score options quickly. Decide, then act.

Use this one-page worksheet to choose a single mission for the next 90 days. Score your options, break ties with your energy and values, then pick one and move. You'll finish with the first three steps so momentum starts today.

How to Use

- Score → Total → Commit.

Option	Impact	Energy	Feasibility	Values Fit	Total
	1 - 5	1 - 5	1 - 5	1 - 5	

Impact = results; Energy = motivation; Feasibility = resources/time; Values Fit = aligns with who I am.

Decision Notes

Top choice because...

Trade-offs I accept...

What I'm saying no to....

First 3 Steps (do within 72 hours—calendar them)

- 1) _____
- 2) _____
- 3) _____

**Schedule a
20-Minute Fit Call**



**Download the 90-Day
Mission Planner**

